

Sasara Ang Bulaklak (Close the Flower)

Name of Song or Rhyme

“Sarasa ang bulaklak”

Game song

First line of song or rhyme (text only)

Song type

Use a checkmark (✓) or “X” in appropriate boxes

Melodic	Melodic/Cultural Analysis	Rhythmic/Uses Analysis	Rhythmic
M1. CSP	D Source's Starting Pitch: D4	$\frac{2}{4}$ $\frac{6}{8}$	R1. Meter
M2. Scale	do hexachord		R2. Metronome
M3. Toneset	(d) r m f s l	$\frac{2}{4}$: $\frac{6}{8}$:	R3. Note values
M4. Range	1 - 6	☐ Outer: ☐ Inner:	R4. Upbeat
M5. Mel. Form	A B A B C ² D C E	☐ Iso ☒ Hetero	R5. Rhy. Form
M6. Cadences	3 1 3 1 6 3 5 1	4 4 4 4 4 4 4 4	R6. Beats/phrase
M7. Intervals	s↓r (P4) d↑l (M6)	☒ Iso ☒ Bi ☐ Tri ☐ Hetero ☐ Tetra ☐ Other:	R7. Podia
M8. Target Phrases	A: d-r-m B: r-m-d C ² : l D: s-f-m C: s E: s-r-d	A: $\frac{2}{4}$ B: $\frac{2}{4}$ C: $\frac{6}{8}$ D: $\frac{6}{8}$	R8. Target Phrases
M9. M. Diffic.			R9. R. Diffic.
M10. Other			R10. Other
Cultural			Classroom Use
C1. Context	Circle game	<i>Actual Verses on Page 2</i>	U1. # of verses
C2. Ethnicity	Filipino		U2. Improv.
C3. Geographic	Bulan, Province of Sorsogon, Philippines		U3. Listening
C4. Source: Where did this version come from?	Barry, T. U. (2020). <i>Songs of the Sun: Filipino Folk Songs for the Musical Classroom</i> (p. 28). Beatin' Path Publications.	<i>Additional Room on Page 2</i> See page 2	U4. Game Directions/ Movement
C5. Source info	☐ Primary ☒ Secondary ☐ Tertiary	d-r-m	U5. Ped. Uses
C6. Research Notes	<i>Additional Room on Page 2</i> See page 2	Simple/compound meter	U6. Roles
C7. Holiday		Nature, Royalty	U7. Themes

Sa - sa - ra ang bu - lak-lak, bu - bu - ka ang bu - lak-lak,
i - i - kot ang bu - lak-lak, pa - pa - sok ang rey - na!
Bum ti - ya - ya, bum ti - ya - ya, bum ye ye,
bum ti - ya - ya, bum ti - ya - ya, bum ye ye.

Sasara Ang Bulaklak (Close the Flower)

Name of Song or Rhyme

Stick Notation:

2/4

d d d r m m m

r r r m d d d

d d d r m m m

r r r m d d

6/8

l l l l l l l

s f m

s s s s s s s

s r d

C6. Additional Research Notes

From *Songs of the Sun*: “I learned this song from a friend who spent most of his childhood in Bulan, located in the Bicol Peninsula between Luzon and Visayas. Similar in style to the English nursery rhyme *Ring Around the Rosie*, this children’s game has a dark side. It was played by the children in my friend’s town, but never on Tuesdays or Fridays for fear of accidentally calling the female vampire known as *manananggal*, a type of blood-sucking monster called *aswang* in the Philippines. According to Visayan folklore, this light-skinned, long-haired, half-bodied mythical creature was believed to be the cause of miscarriages amongst pregnant women as early as the 16th century. Various versions of this folk tune exist, but one commonality is the change in meter from duple to triple in the middle of the song.”

U1. Additional Verses

Literal translation:

The flower closes,
The flower opens,
The flower spins,
The queen enters!

Bum tiyaya...

U4. Game/Dance/Movement Instructions

Formation: Circle

Phrase 1 (“Sasara...”): Forward
Phrase 2 (“Bubuka...”): Backward
Phrase 3 (“Iikot...”): Circle right
Phrase 4 (“Papasok...”): Queen enters
B section: Circle left